



NEVIS RANGE MOUNTAIN BIKE DOWNHILL

<u>3-5 AUGUST 2023</u>

FOWER OF THE BI E

cyclingworldchamps.com #GlasgowScotland2023

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WELCOME CYCLING WORLDS



"I warmly welcome you to the 2023 **UCI Cycling World** Championships. This is a groundbreaking event for

cycling, and I am delighted that you are part of it! Thank you for supporting this event and the world's best athletes. Excitement is guaranteed. Enjoy!"

David Lappartient

UCI President



"On behalf of the Scottish Government. welcome to the 2023 UCI **Cycling World**

Championships. The Championships provides the opportunity to show the best of Scotland, including our people and our culture. Whether you live in Scotland or have travelled here for the event, we are very pleased to host you."

Angus Robertson MSP

Cabinet Secretary for Constitution, External Affairs and Culture



"The 2023 UCI Cycling World **Championships** will help cycling inspire a generation by reaching new audiences, uplifting communities and inspiring positive change across Scotland, the United Kingdom and around the world. This event showcases UK Sport's ambition to host the most innovative and exciting events in the global sporting calendar."



"Thank you for joining us for the 2023 UCI Cycling World Championships we hope you have

an unforgettable experience at the biggest cycling event ever! Our team has worked incredibly hard to deliver this inaugural event and I hope it proves, once again, why Scotland is the perfect stage."

Paul Bush OBE

Chair of the 2023 UCI Cycling World Championships



"Glasgow knows a thing or two about sport - but, perhaps, even more about providing amazing support.

So, no matter if you live here, or are just on loan to us for a few days, I know you will be ready to help create a special atmosphere. Enjoy yourself - and make sure they hear you!"

Susan Aitken Leader, Glasgow **City Council**



"What really sets our country apart is the cacophony of noise our fans

Dame Katherine Grainger

Chair, UK Sport

create in the velodrome, your encouragement on the roadside and mountainside and the overwhelming sense of joy and community you create. I hope that you enjoy your time at the event, and I've no doubt that you'll do us proud once again."

Jon Dutton CEO, British Cycling

FORT WILLAM

Magnificently framed by the UK's highest mountain, Ben Nevis, and often described as the Outdoor Capital of the UK, Fort William and its cinematic scenery is a true mountain bikers' paradise.

There are hills. There are Munros. Then there's Nevis Range the snowsports area and bike park, located some 9km to the east of Fort William, where the Downhill takes place.

Standing proud as one of the sport's most legendary mountain runs, the downhill track here can't be beaten for its sheer spectacle, scenery and gravity-defying drama. A course that's both technically and physically challenging, only the brave have any hope of conquering it.

Just remember, this is the Downhill World Championships, so for those that have been to previous World Cup events, you will see some differences. We hope you enjoy!



FORT WILLIAM **FUN FACTS**



FORT WILLIAM FUN FACTS



2002-

Fort William is the mecca of mountain biking, having hosted every annual UCI **MTB World Cup** since 2002.

BEN NEVIS

At 1345m high, Ben Nevis (translating as 'mountain of heaven' in Gaelic) is the UK's highest mountain and is around 400m taller than neighbouring Aonach Mor, where the downhill events take place.

MOUNTAIN **BIKING HEAVEN**

Fort William and Lochaber is one of Scotland's top mountain biking destinations.

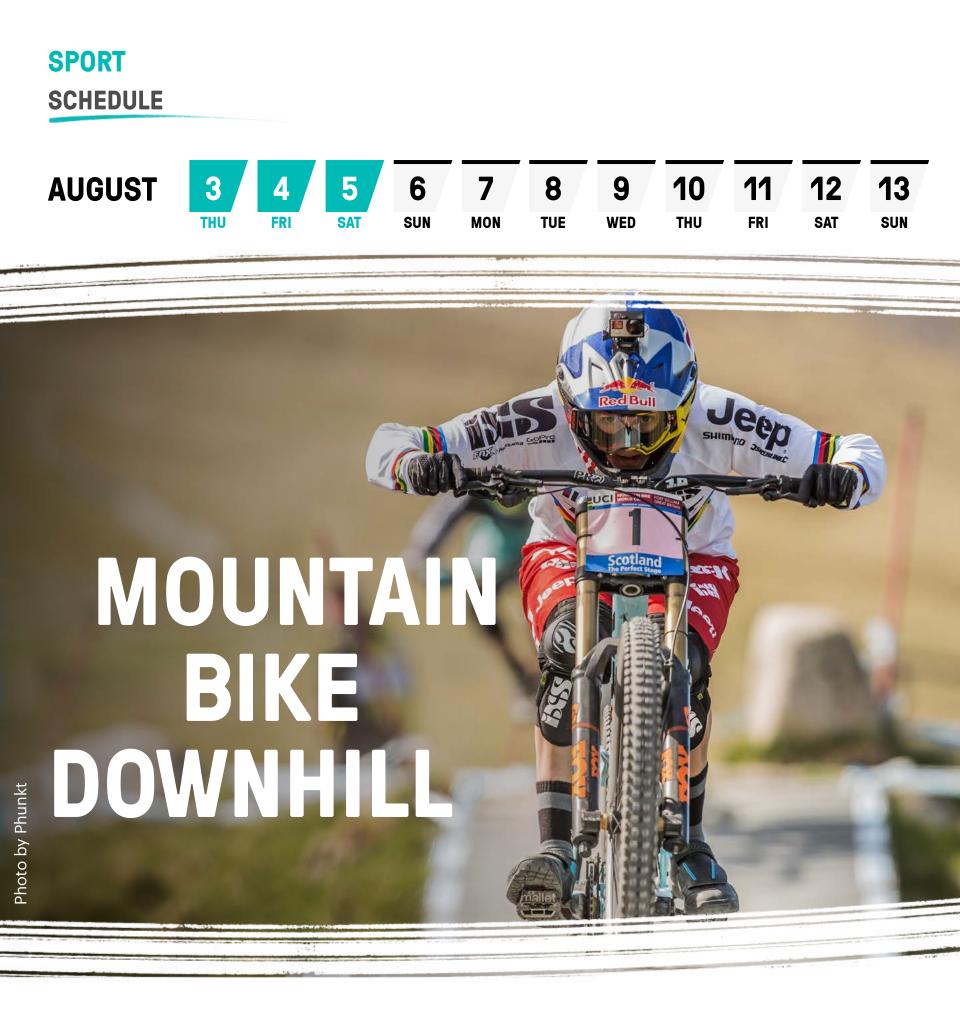
Alongside the two downhill tracks at Nevis Range, there's also the cross-country Witch's Trails, as well as trails at Glencoe Mountain, Glen Loy and Laggan Wolftrax is less than an hour's drive from Nevis Range.

THE GREAT GLEN WAY

Designed by Thomas Telford and completed in 1822, the 60-mile Caledonian Canal links Scotland's west and east coasts along the Great Glen.

Starting in Fort William, it's possible to cycle the length of the canal along the 79-mile Great Glen Way that takes in lochs Lochy, Oich, Ness and Dochfour, before reaching Inverness and the Moray Firth.

LEARN MORE ABOUT NEVIS RANGE ON OUR WEBSITE >>



Training sessions begin each day at 08:30 - pop along and see the stars up close and personal!

DATECHAMPIONSHIPDAY 1
3 AugustMOUNTAIN BIKE
DOWNHILL

Medal Event

EVENT DETAILS

Women Junior - Qualification Men Junior - Qualification 16:30-17:00 17:00-18:00

TIME

0 / lugust			
DAY 2	MOUNTAIN BIKE	Women Elite - Qualification	12:00-12:30
4 August	DOWNHILL	Men Elite - Qualification	12:30-13:30
		Women Junior - Final 🏅	14:30-15:15
		Men Junior - Final 🏅	15:30-16:45
DAY 3	MOUNTAIN BIKE	Women Elite - Final 🏅	12:30-13:45
5 August	DOWNHILL	Men Elite - Final 🏅	14:00-16:30
			,

Schedule information is correct at time of publishing - any changes (and more non-competition related timings and information) can be found at: www.tissottiming.com/cyclingworldchamps.

LEARN MORE ABOUT MOUNTAIN BIKE DOWNHILL >>

SPORT SPORT AT NEVIS RANGE

DOWNHIL

It's all downhill in Fort William where riders take on jumps, bumps, berms and rock gardens against the clock at whiteknuckle speeds.

The most fearless will ace their runs. Others will bail. Only the fastest across the finish line will win the Rainbow Jersey.

The course at Nevis Range is one of the most physically and technically challenging there is. Stretching to 2.8 km long, it drops 550m down Aonach Mor and every single rock on the way down could potentially cause a rider problems...and there are a lot of rocks.

You definitely don't want to miss the legendary Fort William finish, where a huge crowd waits to welcome and celebrate each and every rider that masters the mountain.

LEARN MORE ABOUT MOUNTAIN BIKE DOWNHILL ON OUR WEBSITE >>

SPORT ROUTE MAP





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GETTING TO FORT WILLIAM & NEVIS RANGE TRAVEL MAP





Nevis Range (what3words/// cashier.gems. dynasties)	operator before travelling if yo train or leave your bike at your Locally, the Shiel Buses N41 se William-Glen Nevis stops at Ne Monday-Friday and weekend s	Villiam on the west coast of Ookm from Inverness, 230km m Glasgow. Ink bus services from Glasgow Highland Explorer bike w to Fort William. There is very n trains. Please check with your u want to take your bike on the origin station. rvice between Roy Bridge-Fort vis Range. See timetables for services. not car share? It's better for the t the shuttle bus and Park &
	Brewery, Spean Bridge that are	-
When planning your journey	 Road traffic and travel updation Scotland Website. 	tes are available on the Traffic
	 Public Transport updates are available on the Traveline Scotland website and on the Traveline Scotland app. 	
	• You can also phone the Traf 0800 028 1414 for both roa information.	fic Customer Care Line on d travel and public transport
	Nevis Range (with the except parking), the Rural Complext road, as there has been for p	-
Location	Nevis Range, Torlundy, Fort W (what3words///cashier.gems.dy	
When might it be busy	It's likely your route to Nevis Range will be busy as August is peak tourist season. Whatever day you are visiting, plan your journey in advance, allow plenty of time to travel, make use of the Park & Ride sites and please be patient and follow advice provided by event staff.	
Available modes	Rail	Shuttle bus to venue
	Bus	Cycle and walk
	Park & Ride	Blue Badge parking

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Walking & Cycling	Cycling is a great way to get to the venue.
	The travel map (see page 9) shows the cycling route from Fort William to the venue which is approximately 6km. The route is a shared-use, off-road path alongside the A82 and fully signposted. The route then follows a quiet tarmac road from Torlundy before joining a forest road close to the venue. For the final 100m, please dismount before the bike park and West Entrance.
	This route is also suitable for those walking to the venue from Fort William. Free cycle parking is available in the Bike Park to the west of the venue. This will be controlled by event staff and will operate a bike and rider identification system but please bring a suitable bike lock. Cycle parking facilities are open from 08:30 until after the final ceremonies.
	Accessibility: Please note if you're planning to use an adaptive bike, the last section of the cycle track is not suitable for all adaptive bikes.
	Please do not walk along the A82 to access the venue from Fort William or Park & Ride sites. This is a busy road and not suitable for walking.



Car	Driving: The A82 roads within Fort William and the surrounding area will be busy so please allow plenty of time for your journey. Where possible, please car share - it's better for the planet and your wallet.
	Parking: We have three Park & Ride shuttle bus services in operation to help get you to Nevis Range. These shuttle bus services are free to use, but please be mindful if you are planning to park in Fort William town centre, that parking charges may apply. Please allow plenty of time for your journey as there may be heavy traffic.
	Operating times: Buses start from 08:00 in the morning and run approximately every 20 minutes depending on traffic in the area. Buses will stop approximately one hour after competition/final medal ceremonies finish.
	Park & Ride sites are shown on the travel map (see page 9):
	 If travelling from the south, use the Park & Ride facilities at Blar Mhor (green) (what3words///disposal.suiting. unimpeded). Capacity: 1300.
	Shuttle buses will run from Thursday 3 August to Saturday 5 August.
	 If travelling from the south, you can also use the Park & Ride facilities at West End car park, Fort William (red) (what3words///validated.throat.wells). Capacity: 270.
	Please note this and other car parks in Fort William remain open to the general public and are Pay and Display.
	Shuttle buses will run from Wednesday 2 August to Saturday 5 August.
	 If travelling from the north or east, use the Park & Ride facilities at Glen Spean Brewery (yellow) (what3words/// nudge.rust.highways). Capacity: 600.

Shuttle buses will run from Thursday 3 August to Saturday 5 August.

Accessibility: Please be aware the Park & Ride shuttle buses have limited easy access facilities and it cannot be guaranteed that all buses will be fully accessible (i.e space for a wheelchair user.) If planning to make use of this travel option, please get in touch with us at accessibility@ cyclingworldchamps.com so we can talk through your options.

Please note there are limited toilet facilities at Park & Ride sites and there is no overnight parking permitted.

Accessible Parking	We have some dedicated Blue Badge parking at Nevis Range. There is no cost to park, but you do need to book in advance as spaces are limited and will be allocated on a first come first serve basis. To book your parking pass, please contact accessibility@cyclingworldchamps.com.
	Please be aware that we have Blue Badge parking in two places at Nevis Range and you will be directed where to park when you arrive.
	The parking near the Main Spectator Entrance will be allocated on a first-come first-served basis. When this is full you will be directed to park in the Rural Complex, which is serviced by a regular accessible shuttle to the Event Village.
	Once your booking has been confirmed, you will either be asked to print your vehicle pass at home, which will be sent to you via email or a physical permit will be posted out to you. There will be checks in place to ensure these are not duplicated.
	For further information on venue accessibility, please read on to the accessibility section of this guide.
Staying in Fort William	If staying overnight in Fort William, please leave your vehicle at your accommodation and make use of the free shuttle bus that picks up at most stops through the town, or cycle to the venue.
Camping and camper vanning	Please be aware that there is no provision for camper vans in the area surrounding the venue.
	Please book a pitch on one of the many commercial campgrounds in the area and make use of the shuttle buses from the Park & Ride sites. Do not park on access roads, laybys or verges surrounding the venue. Illegally-parked vehicles will be removed.
	Please read the Scottish Outdoor Access Code's Guide to Responsible Camping in Scotland if you are planning to camp.

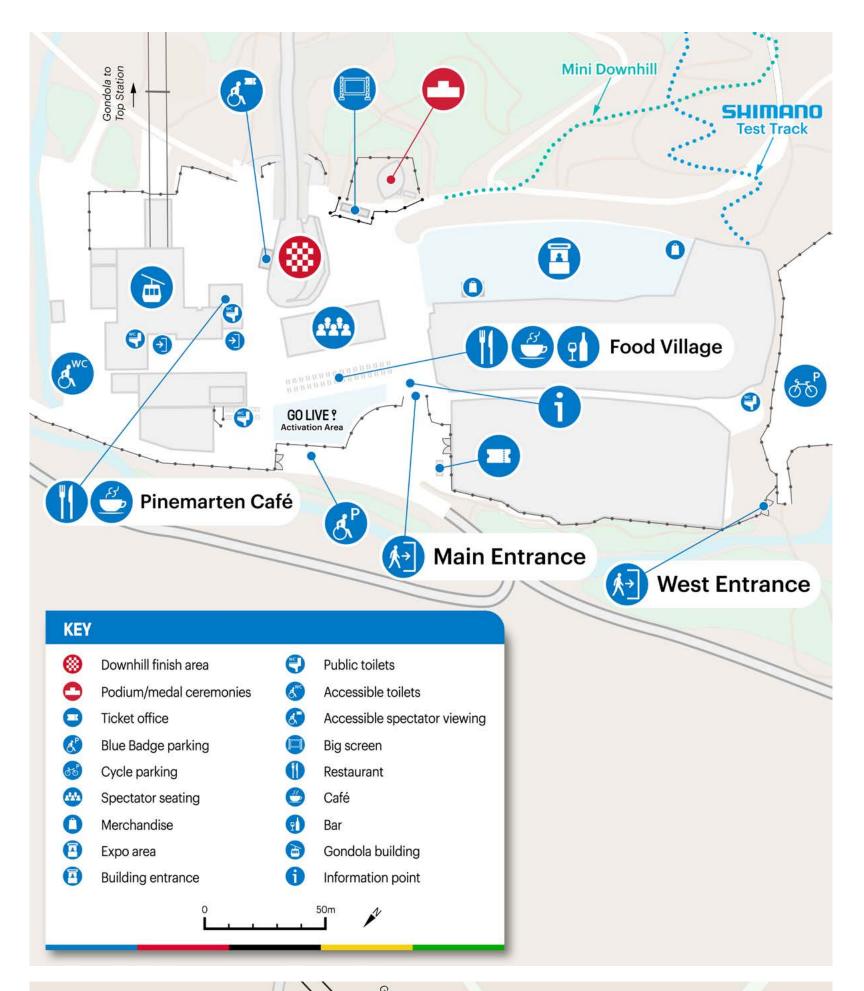


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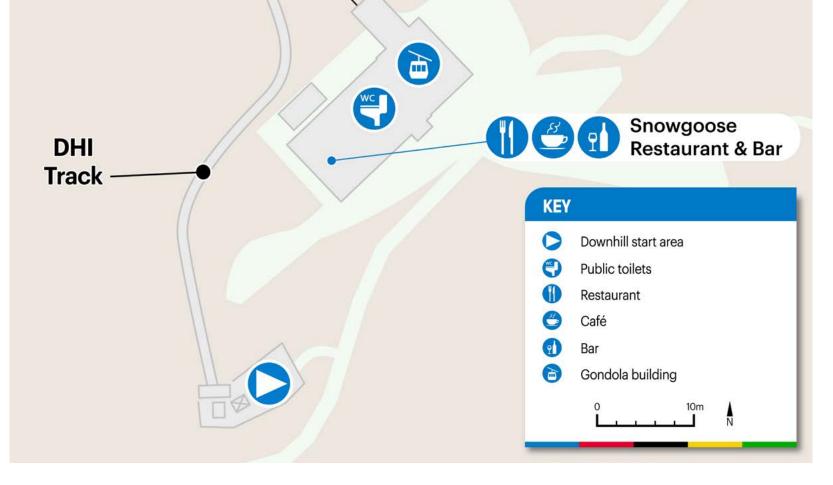
Hints & tips for your journey	Here's our top travel tips to get you to Fort William and Nevis Range to enjoy the Championships:
	 It is peak tourist season, so allow plenty of time for your journey.
	 If you have to drive, please bear in mind roads will be busy - especially on Saturday evening. Please car share whenever possible - it's better for the planet and your wallet.
	• There is no spectator parking, with the exception of pre-booked Blue Badge parking, at the venue or on surrounding access roads, laybys or verges. This includes the Rural Complex where parking has been available previously. Be considerate and use the free Park & Ride facilities for the smoothest journey. Illegally-parked vehicles will be removed and subject to significant fines.
	 Limited pre-bookable Blue Badge parking facilities are available at the venue.
	 Please follow instructions given by event staff, stewards and the police for a smooth journey.
	 See more of the action and arrive early to watch training sessions from 08:30.



VENUE LAYOUT VENUE MAP



Base Station



Nevis Range has two entrances as shown on the venue map (on page 15).

- The Main Spectator Entrance is next to the shuttle bus drop off and pick up point at the entrance to Nevis Range.
- The Main Spectator Entrance is next to the bookable Blue Badge parking.
- The West Spectator Entrance is for cycle and other foot traffic.

VENUE OPENING/CLOSING TIMES

From **Thursday 3 August** to **Saturday 5 August**, Nevis Range opens at 08:30. Tickets will be scanned on entry for sessions on all of these days.

Ticket office opening times are in line with the venue opening times shown above.

The venue will close up to one hour after competition finishes, or after the final medal ceremony. Don't miss the last Park & Ride shuttle bus!



You'll see on our handy venue map (on page 15) that Nevis Range is well equipped for you to have a great day.

Facilities on venue:



Please note, there is no baggage storage. We advise you don't bring luggage to the venue, though rucksacks containing what you need for your day will, of course, be permitted.

Most of the above facilities are accessible.

Note: there are no cash points at Nevis Range.

SPECTATOR SEATING

There is a public seating grandstand in front of the finish area. This seating is unreserved, fills up quickly and is

available on a first-come first-served basis only.

The accessible platform beside the finish area is available for wheelchair users, those who require easy access areas and their companions.

SPECTATOR EXPERIENCE GENERAL SPECTATOR ADVICE

Here's our top tips to make sure you have a great time at Nevis Range:

- Try, where possible, to arrive at the venue via active travel options. It's great for the planet and your well-being. If you're travelling by car, try and car share.
- Head straight to your nearest Park & Ride site and use shuttle buses to get to Nevis Range. There is no spectator parking at or around Nevis Range.
- Be patient and enjoy the event.
- If you intend to walk the course, wear sturdy and waterproof footwear and carry clothing to cope with the variable weather on Britain's eighth highest mountain.
- "Don't be a tosser" please take all your litter home with you and especially on the mountain.
- It's often advisable to bring cash for making purchases on-site, as internet coverage for contactless/chip and pin payment can sometimes be variable. Please note that there is no cash point at Nevis Range.
- To avoid the lunchtime rush, consider eating earlier or later than usual.
- Remember to check the local weather forecast before travelling.



SPECTATOR EXPERIENCE WHAT CAN I GET INVOLVED WITH?

This is a noisy event, with an amazing atmosphere and there are lots of ways to get excited about the action. From spectator activations where you can get involved, to an Expo area filled with brilliant brands to explore.

There will be a big screen so you don't miss a moment of the action and we pride ourselves on our leading venue commentators to ramp up excitement with a suitable soundtrack!

WHAT ELSE IS ON AT NEVIS RANGE?

Muckmedden Kid's Skills Trail

Thursday 3 to Saturday 5 August, 10:00-16:00

The highly experienced cycling group, Muckmedden, will be hosting cycling sessions at Nevis Range pumptrack just to the left of the finish arena. Free access to bikes will be provided for children to have lots of fun while building their cycling confidence and skills on the pumptrack.

Shimano Test Track

Thursday 3 to Saturday 5 August, 10:00-16:00

A unique opportunity to test ride the new Shimano EP801 ebike drive unit where it matters - on a specially designed track next to the event village.

Scottish Cycling Race The Worlds - Mini Downhill, Nevis Range

Friday 4 August, 09:00-12:00

Taking place on the morning of Friday 4 August, the Race the Worlds route will run adjacent to the World Championship course, with a finish line right in the heart of the event village! What's more, podium finishers will climb onto the World Champs podium to receive their silverware before any of the elites have set foot on it!

SPECTATOR EXPERIENCE STAYING LONGER IN LOCHABER

- Cycling Fort William and Lochaber is one of Scotland's top mountain biking destinations, and alongside the downhill tracks at Nevis Range, there are lots of trails to explore across the area and at nearby Laggan Wolftrax. Why not ride a few while you're here?
- **Bike hire/retail** Outwith the World Championships, there's bike hire on-site at Nevis Range and also in Fort William and local guides can also help you get the most from your time here. See the **Outdoor Capital of the UK website** for more.
- There are an incredible range of options for places to stay and eat in Lochaber. However, it's a popular place during the summer months so we highly recommend you book in advance. The team in the VisitScotland iCentre (what3words///outhouse.start.turkey) will be happy to assist you.
- And when you want a bit of time off the bike, there are lots of other activities to try here and lots of attractions to discover.



SAFETY & SECURITY ACCESS TO VENUE

- All tickets will be scanned at both entrances to the venue.
- Internet signal at Nevis Range can sometimes be variable, so make sure you have your PDF digital tickets downloaded onto your phone before you arrive.
- Ticket office opening times are in line with venue opening times.
- Access to the Nevis Range Gondola will only be available to those with appropriate tickets purchased in advance or on the day.
- If you bought your gondola ticket in advance this will be scanned once at the Main Spectator Entrance and then again in the Gondola Hall Entrance, so keep your ticket handy!
- If purchasing your gondola ticket on the day, you can do so from the Gondola Entrance Hall.
- There will be a security check as you enter the venue. Be prepared for your bag to be searched.

SPECTATOR SAFETY

- Spectators should not attempt to access the downhill championships course and only cross the course at designated crossing points.
- Please do not climb trees and please ensure children are supervised and safe at all times.
- We don't recommend bringing pets as it's extremely noisy

and crowded. Assistance dogs will be permitted on venue. Dogs should be kept on a lead and under control at all times.

WHAT CAN I TAKE INTO THE VENUE?

Small amount of food and snacks for personal consumption, non alcoholic drinks except those in glass bottles and extra clothing to keep you dry if the weather is changeable! A number of items are forbidden to bring on site, including:

chainsaw
drones
glass bottles
alcohol



Please refer to entry terms and conditions for further information. Please note, there is no baggage storage onsite. We advise you don't bring luggage to the venue, though rucksacks containing what you need for your day will, of course, be permitted.

BIKE SAFETY

Please note no bikes are allowed on venue and should be left in the free-to-use, secure cycle parking at the West Entrance of the venue. Please remember to bring a lock to secure your bike.

HEALTH AND SAFETY

- The weather in Scotland can often be quite changeable, so we'd recommend you bring:
 - Waterproof jacket and trousers and an extra layer for wet, colder and windy conditions
 - Sun cream, sunglasses, plenty of water on warm days and insect repellent
- NHS 24's summer health campaign page on NHS inform has great advice on how to stay well during the hotter months.
- If you become unwell while visiting Scotland during the 2023 UCI Cycling World Championships, or need help with urgent care (in an emergency dial 999) or minor injuries, details on how to get medications or where to access health and care services, you can get help and advice from NHS 24.
- Stay safe and healthy while attending the World Championships, visit NHS inform or download the NHS 24 online app from the Apple App Store or Google Play for quick, accurate and trusted health advice.

ACCESSIBILITY ACCESSIBLE FACILITIES

Queues

At Nevis Range there will be a wider entrance lane for those with accessible or easy access needs. Speak to event staff who can point you in the right direction when you arrive.

Accessible toilets

There are accessible toilets at Nevis Range in each of the toilet locations as shown on the venue map (see page 14) - please note these do not require a radar key and will be unlocked.

There is an accessible toilet in the café and the other options are accessible portaloos in the main spectator area.

Please note there is no changing places toilet facility or changing rooms available at Nevis Range. However, you can find the nearest one on this **Changing Places Toilet Map**.

Assistance dogs

For those with an assistance dog, dog water bowls are available but please note there is no dedicated dog spending area at Nevis Range. As a rural venue, there is plenty of space within the surrounding forest to use. Please dispose of waste in bins provided on site.

Information point

Available on venue for support and assistance.

ACCESSIBLE SEATING

- The accessible viewing platform is available for wheelchair users and those who require easy access areas and their companions. There will be a big screen so you don't miss a moment of the action.
- Please note, this accessible viewing platform is unreservable and spaces are available on a first-come firstserved basis only.
- Portable seating is available on venue if you require it, please get in touch if you feel this is something you may need at accessibility@cyclingworldchamps.com.
- There is also a selection of picnic benches and tables in the food outlet area that provide an alternative seating option for wheelchair users. These can fill up quickly around lunchtime.

ACCESSIBILITY WHAT'S THE TERRAIN LIKE?

To support your experience, there are a few things that may be helpful to know about the terrain at Nevis Range, should you have mobility needs:



General surface throughout the event village is compacted limestone, which can be loose and rough.



Should you wish to view from the course, please be aware that this is on a mountainside and is rough and uneven with varying gradients. It requires a certain level of mobility to reach much of the course.



For those with appropriate tickets, the gondola travels above most of the course and is accessible.

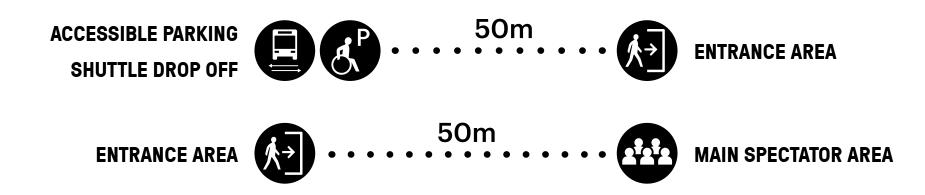


Please note the surface and terrain around the top gondola station is uneven in places.

If you'd like to talk to us about your specific mobility needs, please read on to our **Reasonable Adjustments section**.

WHAT ARE THE KEY DISTANCES TO BE AWARE OF?

Please find below some helpful distances to support you getting around the Event Village:









ACCESSIBILITY REST AREAS/QUIET SPACES

Mountain Bike Downhill crowds are very loud. Should you need to take a moment away from the action, there are a few options:

- There is some public seating in the gondola courtyard away from the finish area.
- At the gondola top station, you can take time away from the action and take in the magnificent views over Loch Eil and the West Highlands. You will need a gondola ticket to use the gondola, which can be purchased in advance or on the day itself.

Overall, the mountain biking downhill can get very noisy, so do bear this in mind if you or a member of your party are sensitive to noise. In the past, some parents have brought ear defenders for their children.

Please be aware there are no dedicated prayer facilities on venue.

REASONABLE ADJUSTMENTS

If you have any questions on any of the accessibility information included within this guide, or need to discuss your particular needs, please contact us at accessibility@cyclingworldchamps.com.



RESPECT, PROTECT & ENJOY VISIT RESPONSIBLY

Please consider the area you are visiting and how best to plan and enjoy a responsible trip. Responsible tourism aims to maximise the positive benefits of tourism for everyone spectators, visitors, local communities, businesses, and the environment.

For more information and hints and tips, look at the sustainable travel section on VisitScotland.com.

The 2023 UCI Cycling World Championship events at Nevis Range take place in a rural area. **The Scottish Outdoor Access Code (SOAC)** offers guidance on how to engage responsibly with Scotland's landscapes and local communities.

Keep it clean, protect our forests

Our forests are at risk from pests and diseases, which can affect the health of our trees and devastate large areas of woodland. You're our best defence, so before you visit an event, please wash shoes, bikes, equipment and your dog, to help slow the spread of diseases and preserve our woodlands.

Find out all you need to know about invasive and noninvasive species.

Keep Scotland Beautiful

Scotland is renowned, the world over, for its stunning scenery and you can help us keep it that way for generations to come, by using designated on-site toilet facilities and by taking all your belongings and litter home with you after the events.

Wildlife

Scotland's forests and mountains are teeming with wildlife, who call these places home. Let's look after our furry and feathered friends, by not disturbing them and leaving their habitats as you found them.

Camping, campervans and caravans

There is no provision for tents, campervans and caravans at Nevis Range, the Rural Complex or the Nevis Range access road from the A82. Please book a pitch in advance on one of the many commercial campgrounds in the area and make use of the shuttle buses from Park & Ride sites.

RESPECT, PROTECT & ENJOY VISIT RESPONSIBLY (CONT.)

Please do not park on access roads, laybys or verges surrounding the venue. Illegally-parked vehicles will be removed and subject to significant fines.

If you are considering camping or using a campervan or caravan during your trip, please read the Scottish Outdoor Access Code Guide to Responsible Camping to make sure you, and others, have the best experience. Please do not turn up to campsites without booking in advance.



